

NEWSLETTER



Issue #2, December 2014

I thought it would be good to put out one more newsletter this year, if only to wish everyone a joyous and peaceful Christmas season. As you will see, there are enough submissions to make it worthwhile, so enjoy!

Annie

A MESSAGE FROM THE PRESIDENT

As we approach the festive season I would like to wish you and your families a very Merry Christmas and a healthy, prosperous and sporting New Year. I would like to take this opportunity to thank all the volunteers, committee members and coaches, who gave freely of their time and effort for the Club throughout the year and helped make last season very successful and enjoyable. Let us look forward to 2015 with confidence and excitement.

Stephen Mah

WINTER ACTIVITIES

Carpet Bowls: The following is a note about indoor carpet bowls etiquette.

Other players and spectators must stand well back when a game is being played to prevent disruption to a game. The etiquette is much the same as outdoor bowls but carpet bowls is more relaxed. Coach's Corner has some tips for carpet bowlers.

Contract Bridge: The number of players on Wednesday afternoons is on the increase and lately we have had eight tables. The noise volume has trended down with occasional outbursts of enthusiasm from both the gentlemen and the ladies!

Annie

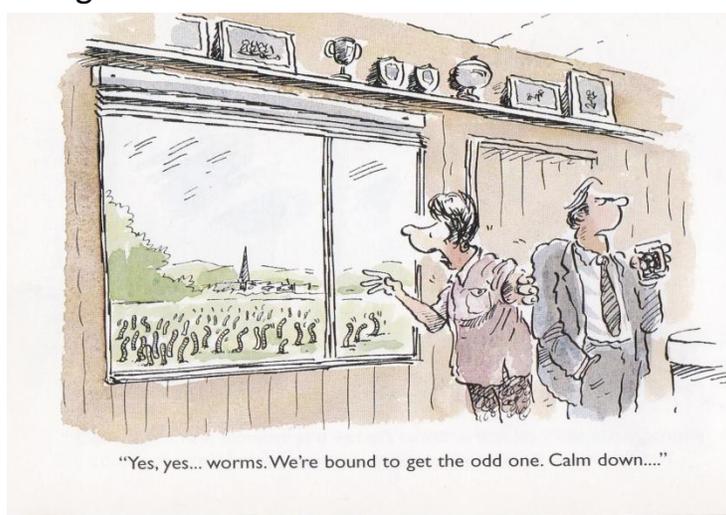
Mah Jong: The Mah Jong Club is still looking for one more player for the January session. Please contact Rosemary Ward if you are interested.
rosemaryward@telus.net or 250-477-2241.

SHORT MAT BOWLS

At Oak Bay, ten players take part in pairs and triples. In the Div A pairs, Svend and June are undefeated with one game to play and in the Div B pairs Annie and Robin will probably end up second or third in the division. New players this year from our Club are the Gardners and the Verges, all enjoying the experience of short mat bowls skills and competition.

UMPIRE CORNER

There being no article from Steve this month.....



COACH'S CORNER

Tips to Improve Your Carpet Bowling Technique

Indoor carpet bowls is played on a 30 X 6 ft carpet and it involves a jack and carpet bowls. The bowls are much smaller and lighter than outdoor bowls. This makes the game one of skill rather than strength and can be played by people of all ages and abilities.

All players play with the same size and weight of bowls which are 4 inches in diameter and 1 lb 10 oz in weight. As all bowls are the same size you don't have to have your own set to play; instead the club provides the bowls that are required.

Delivery is from a mat placed on top of the carpet and bowlers should not stand on, kneel or touch the carpet when they play.

Tips for playing indoor carpet bowls:

The main aim is to deliver the bowl closer to the jack than your opponent. It is a very skilful game and there are all sorts of techniques involved in play. Here are some of our top tips for first time players:

1. It is important to maintain a stable base from which to bowl. Take care not to step too far forward with your leading leg. Instead step forward just enough to remain stable. Do not step on the carpet. As little movement as possible is required; this is so as not to deliver the bowl when you are off-balance. Most players bowl from a fixed stance, whereas in the full length game players usually take a step forward which is called the athletic stance.
2. Position the bowls forward to the front of the fingers for more control.
3. Try and keep your backswing to a minimum. The less movement there is, the less margin for error.
4. Have fun!

Indoor carpet bowls is normally played four-a-side(eight players in all to a mat) but can be played three-a-side (triples) or two-a-side (pairs, or singles.

Tips taken from www.bowlsworld.co.uk/indoor *Floyd Ruttan*

BSI CLUB OF THE YEAR AWARD

At the end of the summer season David Smith put a lot of time and effort into producing an entry into this competition. Thank you, David, I'm sure everyone appreciates your work even though we have no trophy!

"Each Fall BSI awards a trophy for "Club of the Year" as determined by submission to the Presidents' Council and decided by a blind vote by the Presidents in October. Although the vote went in favour of Sidney LBC, and was well-deserved, we believe we put in a good showing!

This year our proposal outlined our primary achievements that were recognized and accomplished by most of our members, namely, the extensive renovations to our club last Fall. This included redecorating the main hall, new kitchen flooring, new thermal windows, and insulation in the roof.

The Club maintained an extremely active Winter season with daily activities including Carpet Bowling and Bridge. In the Spring several members power-washed the entire cement area surrounding the green and also removed overgrown shrubs, planting a garden in their place. During the bowling season we made considerable outreach to the community, providing lessons to youth from Lambrick Secondary and Saint Michaels University Schools as well as the Inter-Cultural Association from Gordon Head Recreation Centre. We also had several Sunday social bowls and our Quaddies tournament in September sponsored by seniors' facilities in Gordon Head. These facilities provided refreshments and gift basket prizes and the visitors showed interest in lawn bowling in future years. We actively assisted in BSI tournaments outside our Club and were pleased to host some BSI tournaments at our Club, namely the Women's Fours, Women's Novices and the Sadler Memorial, which were all well-received. The delicious goodies provided by our wonderful women chefs were much appreciated!

All in all we had a most enjoyable, active and productive year with many pleasant memories for our members! We were pleased to submit our proposal for this year's BSI "Club of the Year" award.

We now look forward to another great year in 2014-2015!"

David Smith, Past President

Small consolation, I know, David.....



ETIQUETTE COMMITTEE

Our Club has an Etiquette Committee which will be receptive to hearing the concerns or upset feelings of members. Please bring your concerns to Barb Coey, Dan Munro or Suzanne Bailey.

CLUB BOOKINGS

The Clubhouse has confirmed bookings for the following dates:

Dec 18, Thursday 4:00 - 10:00 pm Victoria Weavers

Dec 19, Friday 4:00 - 10:00 pm Christian Fellowship

Jan 10, Saturday 10:00 am - 4:00 pm SVMIS

Feb 28, Saturday 10:00 am - 4:00 pm Chapter ARPEL Sisterhood Bridge

CHRISTMAS DINNER

All is ready for our annual Dinner on December 12. We have 50 members coming to enjoy food, entertainment and great company. The Club is looking very festive, thanks to the Thursday afternoon carpet bowlers. My thanks to Mary and Gail for selling tickets and organizing the gift baskets. Also, Mary has been doing a great deal to organize the entertainment so my personal thanks to her not only for that, but also for her support and assistance with all my questions. I want to add that the support for the food bank was heart-warming and I thank everyone.

Happy Holidays! Lin Smith

HAPPY CHRISTMAS EVERYONE!



CHRISTMAS DINNER

The Christmas dinner, complete with entertainment and Christmas carol singing, is on December 12, 2014. Happy hour at 5:30, dinner at 6:30. Tickets are \$35 each and can be obtained from Lin Smith, Mary Howarth or Gale Ruttan.

CLUBHOUSE BOOKINGS AND CLOSURE

November 22, Sat	Out of Africa	1 - 4 p.m.
December 1, Mon	Sears Retirees	4 - 10 p.m.
December 18, Thu	Victoria Handweavers	4 - 10 p.m.
December 19, Fri	Marsha McCor??	4 - 10 p.m.
January 10, Sat	S.V.I.M.	4 - 9 p.m.

Janet Gardner

The clubhouse will be closed from Sunday, November 23 to Monday December 1 inclusive for repainting of the washrooms and office.

**A VERY HAPPY CHRISTMAS
TO EVERYONE!**